



ALL INCLUDED. ALL INTEGRAL. ALL IN.

ALL INCLUDERS

Strategies for Being Inclusive

ADOPT INCLUSIVE LANGUAGE

Use words that create an environment that makes people of all backgrounds and identities feel respected and valued. Avoid making stereotypes and using language that is offensive or derogatory. Speak up if you hear someone else use negative language.

LISTEN CLOSELY

There is a difference between hearing and actively listening. Give your attention to someone else without distraction or interruption and create a space that is welcoming and accepting.

LOOK TO MAKE A DIFFERENCE

Hold open a door, sit by someone who is eating alone, or strike up conversation while waiting for class to start. Make your voice heard and leave a positive impact across the UM campus.

INCLUDE OTHERS IN ACTIVITIES

Invite people to your event or social gathering who might be different than you. When working in groups, look around. Does everyone feel encouraged and empowered to speak up? If not, ask for their perspectives and try to incorporate them into the work.

NURTURE NEW EXPERIENCES AND PERSPECTIVES

Break out of your comfort zone by joining one of UM's many student organizations or attending campus and community events on a cultural topic or specific group. Build new relationships and broaden your worldview.



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